

HELLO!

I HAVE

MISOPHONIA

...

"WHAT'S THAT?"



#misophonia
soquiet.org

Misophonia is a neurological condition which causes panic or anger when I hear certain noises such as smacking or crunching food, popping gum, pen clicking, coin jingling, whistling, foot tapping, and other sounds.

You are doing nothing wrong, but I would be so grateful if you would not create these sounds while I am around.

Your help is very much appreciated.
Thank you so much!